

不老歌

睡得好, 起得早,
七分飽, 常跑跑,
多笑笑, 不煩惱,
天天忙, 永不老!

敬畏神, 勤讀經,
事奉主, 盡辛勞,
常禱告, 無煩惱,
倚靠主, 怎會老!

Never Grow Old

- Sleep well -- Rise early
- Eat 70% Full – Exercise
- Smile a lot – Don't worry
- Be busy ...

☺ Never grow old!

- ♥ Love God – Read Bible
- ♥ Serve Christ–Be devoted
- ♥ Pray always – No worries
- ♥ Trust in God ...

🎵 Forever Young!